

*Under who we are.. Hello, My name is Joann Canchola. I am the owner of Sweetpeas PPP. As a Recreation Therapist with 30+ years of experience working with a variety of populations, in residential and State facilities, and loving what I do, I also saw that our community families have an unmet need for Recreation and Leisure services, especially those who may have sensory issues ,or developmental delays. We are here for EVERYONE.

*Under program. Grow. Remove community outings

*Under activities. no community outings.

*Under nature & gardening. Add we bring the outdoors... indoors

*Under moments that matter .. remove community outings

*Under about: person centered. Why choose us? We proudly work with family private pay, Self Determination Program through CVRC, Heartland home schooling (pending) to support individuals in reaching their fullest potential.

*add groups consist of max 4 person groups, to maximize the direct training to your child and reduce overwhelmed individuals. \$ 55.00 per group

1:1 therapy, for those who need extra attention and/or transitioning to larger group inclusion. \$ 75.00

Curriculum will incorporate all these areas. Groups will entail the following. Group **themes** may change, but the curriculum treatment areas remain to focus on improving emotional regulation for “over and under stimulated individuals, social skills building, confidence, refining gross and fine motor skills, and providing sensory stimulation.

Wiggle and giggle: A movement-based curriculum, sensory-supportive, and built around regulation goals rather than performance, for different needs and energy levels. 3-4 yrs olds

MOVE it magic: A movement-based curriculum, with more gross motor skills development. 5-7 yrs old

Smart steps adventure balance and motor skills development/refinement. Obstacle courses with clear visual stations. 9-13 yr olds

Quiet quest: Sensory enlightenment, blending sensory exploration with calming strategies. All ages

Feeling & Fun circle: regulation, body awareness, and empowerment. All ages

All the pictures and video i send have been parent cleared so they are free to post

Please add the flyers attached to site .

Thank you. Let me know how it goes, Id like to get this up and running.